

The Supported Life Institute and Area Board 3 present:

OUR 22ND ANNUAL CONFERENCE

SUPPORTED LIFE 2008:

“Dignity and Justice for All”

Empowering People with Severe Disabilities to be Fully Included in the Community

See Inside for Announcement of our 7 Inclusion Celebration Honorees
and for your Invitation to this 15th Annual Pre-Conference Event !



October 8 - 10, 2008

DOUBLETREE HOTEL

SACRAMENTO, CALIFORNIA

Conference Topic Areas:



**Organizational
or Staff
Development**



**Augmentative &
Alternative
Communication**



**Personal Power
& Rights**



Employment



**Positive
Behavioral Support**



Family Supports



Relationships



**Grassroots
Advocacy**



Schools



**Living Arrangements /
Community Access**



Self-Determination

Register online!:

www.supportedlife.org

Register by June 30th to
SAVE UP TO \$65!



Please join us on the eve of the conference for this
SUPPORTED LIFE 2008
Pre-Conference Event!



15th Annual INCLUSION CELEBRATION
Dessert Social

WEDNESDAY, OCTOBER 8th, 2008

7:00 to 9:00 p.m.

Sacramento DoubleTree Hotel (2001 Point West Way)



In the spirit of the ongoing efforts of Rachel Holland, our 15th Annual Inclusion Celebration recognizes the following outstanding role models who make a difference for individuals striving to belong to inclusive communities.

**Join us for Coffee,
Dessert, and
Conversation...**

**Hear the
Inspirational Stories
of These Honorees**

SHARON BOTKIN is a preschool inclusion teacher, supporting children with disabilities in Head Start for the Sacramento County Office of Education. Her commitment to students, families & colleagues was recognized with '07 Teacher of the Year honors. She is a SEEDS Core Consultant & Visitation Site, providing statewide assistance to early childhood special ed programs. Sharon also prepares special educators statewide for the Desired Results Assessment System.

DEBBIE DOMAN, Butte County Special Olympics (SO) Director, has been involved with SO since 1989 & has made inclusive sports an integral part of the program by including 100s of university students & community members in unified baseball, golf & bowling. As head coach for US Aquatic delegation to SO World Games in China, & in her daily life, she models commitment to inclusion with boundless energy & enthusiasm.

LAURA KISTINGER of Orange Co. has learned from her young son that successful inclusion at school & in the community is a team effort involving willing partners with a positive attitude. Having a vision of success, responding to goals & setbacks & nurturing communication have meant success for her family & the school district. She uses her limitless energy to be responsive to ideas of others to make inclusion a reality & she shares it with parents & professionals across California.

ANDREA KNOWLTON, Director of Early Childhood Services in Napa, began her career in early childhood special ed. working with children with special needs. But as time & children went by, a vision of *all* children playing & learning *together* became clear to her. Her good heart, joyful spirit, hard work & active partnership & support of the entire early ed. community has led to *all* children with special needs in Napa Co. being educated in a wide range of program options - with peers.

RICHARD KOSSAK the "boss" at Sodexo on the UC Davis campus, leads by example. As a role-model for cooperation & teamwork, he enhances respect for the individual attributes of all his employees. He is the "glue" that promotes good working relationships. Richard's efforts to make employment inclusion a reality in the Davis community must be celebrated. He has created dignity for all in this work environment.

NICOLE PATTERSON is one of the leading voices for the self-advocacy movement in California. In her position as the Coordinator of Consumer Services for the Department of Developmental Services, she provides a consumer's perspective at a statewide level on issues that directly promote the full inclusion of individuals with developmental disabilities in all aspects of community life.

MISSY RUNNELS is a powerful self-advocate with a unique style that is both unrelenting and engaging. She was one of the first people in Santa Barbara to move from a large institutional setting into supported living and has used her experience to help numerous others move into their own homes. As a board member of Area Board 9, she is a frequent speaker in Sacramento on the rights of individuals with disabilities.

To Attend:

Send completed registration form (pg. 11) with payment

Sign up early & save!

For more **Forms, Information,**
or **How to become a Sponsor,**
please call **916-567-1974**

Registration: \$40 per person

(children under 12 may attend for free!)

Take Advantage of our Early-Bird Rate:
Only \$35 if you register by June 30, 2008

**** Take an Additional \$15 off**
when you register for the
Supported Life Conference **

FEATURED SPEAKERS & HOTEL ACCOMMODATIONS Page

KEYNOTE SPEAKER LINE-UP FOR 2008 CONFERENCE



MICHAEL CALLAHAN from Mississippi:

Returning Supported Life Keynote Speaker (1997)

Employment for All has always been a key component of dignity & justice. This speaker has consulted throughout the US, Canada, & Europe on Employment & Transition. He is President of the highly-regarded Marc Gold & Associates since 1982. He gives us a thorough look at employment & how to find customized jobs truly based on people's interests & abilities. Don't miss Michael's Thursday morning Opening Keynote, "Customized Employment: Offering a Working Lifestyle for All." His follow-up sessions Thursday afternoon focus on the "Discovery" method & on "Planning for Success ... Guiding Job Developers to Customized Jobs."

JAYNE CHASE from Alabama

Welcome Jayne in her first time at Supported Life

Jayne, a mother of 3, became involved in disability issues when son J. Paul received the label of autism. She works to create welcoming communities for all children & adults & believes All means All. Jayne's beliefs & her presentation titles embody this year's Conference Theme, with her "Anything You Say May Be Used Against You" Thursday lunch keynote giving insight to how language creates or undermines dignity & justice. Anticipating Columbus Day, her "Discovering the New World" session looks at the "Old World" we experience & the "New World" we yearn for. Jayne currently works as State Coordinator of Alabama's Partners in Policymaking.



NORMAN KUNC from British Columbia, Canada *Returning Supported Life Keynote Speaker (1999, 2001, 2006)*

Norman speaks internationally as a well-known disability rights advocate & inclusion educator. Born with cerebral palsy, he has experienced segregation's injustices first-hand. His groundbreaking concepts & inspirational challenges to how we see "disability" have led us to invite him back for the 4th time in the past 9 years! Look for his eye-opening breakout session on Friday morning "Hell-Bent on Helping: Friendship, Benevolence, & the Politics of Help." On Friday afternoon, he helps us close out our 22nd Annual Conference by explaining the pernicious effects of leaving people out, in his Keynote speech: "The Habits of Exclusion."

TOM POMERANZ of Indiana

Welcome Tom in his first time at Supported Life

Tom is a longtime internationally recognized authority in the field. With recent revival of interest in California in major change/transition in Adult Day Program & Employment services, he has been called upon to train us all in best practices in building community & transitioning our programs & services to better enhance quality of life for people with disabilities. His "Universal Enhancement" approach is detailed in his many books & publications. He promotes Work for securing dignity & respect, with his Friday morning keynote "Transition: From Consumers to Producers" & follow-up 2-part strand "Approaching a Real Life: A Paradigm Shift for Adult Day Services."



*Be in the Center of Things !
Stay at the Hotel*



DoubleTree Hotel
2001 Point West Way
Sacramento, CA 95815
(916) 929-8855

**HOTEL
ACCOMMODATIONS**

A special rate of **\$129.00 per night** for single or double occupancy (\$139.00 per night for 3-4 people) is available for those attending **Supported Life 2008**. A portion of room rate is used to subsidize conference registration fees.

- All rooms are subject to a city tax of 12.1% and a tourism assessment of \$1.25 per night.
- To make reservations, **contact the DoubleTree Hotel** directly and make specific reference to the **Supported Life 2008 Conference**. To ensure receipt of this special rate, make reservations before **September 15th, 2008**.
- Check-in time at the hotel is **3:00 p.m.**; check-out time is **12 noon**. **Parking** at the DoubleTree Hotel is **free**.
- **Super Shuttle** provides Airport shuttle service to the hotel. Call them for fee information (800) 258-3826
- Conference attendees will receive a **map with detailed directions** to the DoubleTree Hotel along with their registration confirmation materials.
- Come a day early or stay a day later?? - yes, you may still request the conference room rate - **ask by 9/15/08!**

Supported Life 2008 Conference ***"Dignity and Justice for All"*** **CONFERENCE PROGRAM**

Thursday, October 9, 2008

7:30 - 9:00 REGISTRATION / REFRESHMENTS

8:00 - 8:30 ORIENTATION - esp. for NEWCOMERS

9:00 - 10:00 WELCOME / KEYNOTE ADDRESS

"Customized Employment:

Offering a Working Lifestyle for All"

MICHAEL CALLAHAN, Marc Gold & Associates, Gautier, MS
 Customized Employment (CE) is discussed as an alternative to traditional labor market strategies. Customized employment is one of the strategies that holds the necessary key to assure full access to employment for *all* persons who wish to work. The unique features of CE are presented as well as the various categories that comprise customized outcomes. Conceived within the Office of Disability Employment policy of the U.S. Department of Labor in 2001, CE provides the next step in the evolution of the best of supported employment as well as providing relevance for the generic workforce system.

9:00 a.m. - 5:00 p.m. EXHIBIT ROOM OPEN
(longer this year!)

10:15 - 11:30 CONCURRENT SESSIONS 101 - 110

11:45 - 1:45 LUNCHEON / KEYNOTE ADDRESS

Introduction of Keynote Speaker:

Supported Life Institute Board Member

"Anything You Say May Be Used Against You"

JAYNE CHASE, Parent Advocate; State Coordinator,
 Partners in Policymaking, Florence, Alabama

Words can free or restrain people. The case for language changes in recent years has more people reexamining the words they use. Has real conversion happened? Let's reopen the case & shed light on how language has prohibited people from being a part of community & robbed of people of dignity & justice through words & phrases that have been a part of our language for too long. This keynote, though upbeat & fun, also has us reflecting on how our way of speaking about people with disabilities has not created dignity & justice, but has continued to separate us from community.

2:00 - 3:15 CONCURRENT SESSIONS 201 - 210

3:30 - 4:45 CONCURRENT SESSIONS 301 - 310

4:45 - 7:00 RECEPTION/INFORMATION FAIRE

7:30 - 9:00 PANEL DISCUSSION

"Autism in California: What's Going On"

A candid look at the service delivery system for individuals with autism - where we are and where we're going.

Friday, October 10, 2008

7:30 - 8:30 REGISTRATION / REFRESHMENTS

8:30 - 9:30 WELCOME / KEYNOTE ADDRESS

"Transition:

From Consumers to Producers"

TOM POMERANZ, Universal LifeStiles L.L.C., Indianapolis, IN

"Work" - expenditure of meaningful effort - is the great equalizer. Work promotes the opportunity for disenfranchised people to gain dignity and respect. Being an adult is a bilateral process; one must know how to give as well as receive. The speaker drives home these themes as he discusses best practice approaches in transitioning classic day program services to a "work" oriented service model. Motivating values and vision are offered that drive the Day Program from activities of little meaning (peg boards, nuts & bolts, beads & string, van therapy and mall herding) to a content of meaningful activities that engender dignity and respect.

9:45 - 11:00 CONCURRENT SESSIONS 401 - 411

11:15 - 12:30 CONCURRENT SESSIONS 501 - 511

12:45 LUNCHEON AND KEYNOTE ADDRESS
AND CONFERENCE FINALE

Introduction of Keynote Speakers:

Sibby McCullough, Area Board 3

"The Habits of Exclusion"

NORMAN KUNC, Broadreach Training & Resources
 Nanaimo, British Columbia, Canada

In her book, "You Can't Say You Can't Play," Vivian Gussin Paley writes, *"It is the Habit of Exclusion that grows strong: the identity of those being excluded is not a major obstacle."* These words succinctly articulate our society's tendency to rely upon exclusion as a generic solution to social problems.

In this presentation, Norman Kunc looks at a number of these habits of exclusion and contends that these habits not only usually compound the original problem, but often keep us from discovering more creative and effective alternatives to these issues.

2:30 p.m. CONFERENCE CONCLUDES



101 LEADERSHIP THROUGH PERSONAL CHANGE. Mark Starford, Board Resource Center, Sacramento, CA The Consumer Advisory Committee (CAC) to the Department of Development Services presents new ways self-advocates communicate their choices; set personal and professional goals; and develop leadership skills that lead to jobs and business development. Presenters demonstrate strategies and outcomes which advocates obtained using “Think, Plan, Do” to increase meaningful employment and direct services that support their personal mission of how they want to live. A new DVD series was directed, acted, written by committee members, with most recent ones focusing on employment-related issues CAC members have experienced. A DVD and its companion guide is showcased, with copies for attendees.



102 CONSUMER ABUSE AWARENESS TEAM. Sherri Douglas, Regional Self-Advocacy Project, Redding, CA The C.A.A.Team teaches staff & professionals about the culture of abuse & provides statistics about the rate of abuse of their peers. They share stories of their abuse; how it has affected them; & why they think they were a target. People will learn that a person’s behavior may be the only way they can communicate what is happening to them. Self-advocate presenters insist that when it comes to dignity, respect, healing, & justice, they should be treated “just like everyone else.” Lastly, they share ways that people can help, explaining the “Ring of Safety” concept published by Dave Hingsburger.



103 FAMILIES AND PROVIDERS WORKING TOGETHER FOR SUCCESSFUL OUTCOMES. Joan Schmidt, Creative Living Options, West Sacramento, CA This session provides successful strategies used by a Supported Living agency working with families in their efforts to team for success. When focusing on one person’s life, the challenge of including the whole team in decision-making can be frustrating for all. Though the person receiving services is always the key decision-maker, the value of family input is often overlooked or seen as interference. When the person being supported chooses to have family members involved in their circle of support, the outcomes of individualized lives can be enhanced & “win-win” for everyone involved. Stories are shared by consumers, family members & agency personnel.



104 SELF-DIRECTED SERVICES. Yvonne McCuistion Tucker, Department of Developmental Services, Sacramento, CA Representatives from the Department of Developmental Services will provide the latest information about this long-awaited innovation in the service system in California. Presenters will also give an overview of the Self-Directed Services program to be rolled out this year. Attendees will learn how Self-Directed Services are different from traditional services. They will also learn about new services provided under the Self-Directed Services program.



105 FROM DREAMS TO REALITY: YOUR GUIDE TO INTEGRATED LIVING - part 1 of 3. Lisa Jackson, Housing Choices Coalition, San Jose, CA This first session of a 3-part Housing strand is “your roadmap to living independently.” Anyone can live independently with the right supports. This session prepares people with disabilities, parents & service providers for the process of securing affordable community housing and discusses the keys to successful living. Panelists address the housing options that are available; the role of local housing organizations; the role of the regional center in housing; and “five steps to housing.” Panelists discuss their own success stories and insights to successful living.



106 SUPPORTED LIVING: LOOKING BACK, LOOKING FORWARD. Mary Ellen Sousa, Creative Support Alternatives, Mountain Ranch, CA Being in a committed, values-based, person-centered organization is life-changing. Providing services for 16 years in urban San Diego & now also rural Northern CA, the presenters have learned much in exploring community living, self advocacy, homeownership, employment, relationships, & all that “real life” has to offer. Join this conversation about Supported Living. Presenters share successes & challenges encountered in striving to “walk the talk” daily. Highlights: building an organization from the ground up; working with stakeholders to develop individualized supports; ensuring growth that is thoughtful & positive, urban & rural services, and standing with people over time.



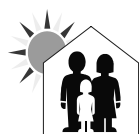
107 EXHIBIT ROOM [9:00 a.m. - 5:00 p.m.] Don’t miss our Commercial Exhibitor Room. Exhibits will be available from 9 to 5 this year - including Lunchtime. Note: most will exhibit Daytime Only & not at evening Information Faire. Try out for yourself the latest Technology products & services covering Assistive Technology; Computer Access; Communication Devices; Universal Design & Accessibility Remodeling; Educational Materials; Disability-related Videos; In-Home Care Services; Supported Vacation options. Enjoy Lemonade as you view Raffle Prizes & purchase \$1 \$5 Raffle tickets. Professionals/families/self-advocates all eligible for a free chance to win valuable Exhibit-Only Prizes - see Stamp Quest card in conference packet to enter. *Plus NEW this year: Special Patio Presentation by our Sponsoring Exhibitors.*



108 PREDATOR AWARENESS TASK FORCE (PATF): A COLLABORATIVE EFFORT. Dana Zapanta, Sonoma County Office of Education, Santa Rosa, CA People with developmental disabilities are far more likely to be victimized & less likely to report victimization than others. The Predator Awareness Task Force is a collaborative effort to educate & provide resources to people with disabilities to reduce the risk of victimization. Learn community safety awareness info, tips, & techniques. Public transportation, parental advice, dating tips, chat rooms, and cell phone use are addressed. Resource booklets are provided (“Keeping Your Child Safe,” “Age of Majority”) & websites & curriculum suggested.



109 MICRO-ENTERPRISE / CUSTOMIZED EMPLOYMENT. Carole Watilo, Progressive Employment Concepts, Citrus Heights, CA Start-up loans are often a barrier to starting your own small business. Recently, a group of self-advocates served by this service agency came together to help support each other to find viable solutions to the problems of finding and keeping good jobs. With the help of grants, training, and hard work, they succeeded in forming a Micro-Lending board called Lending Works, which will be loaning money to individuals with disabilities in order to aid them in starting their own microenterprises. Customized employment, which allows people to become valuable employees within areas that fit their specific passions and work goals, is also addressed as a key to good jobs.



110 SPECIAL NEEDS TRUSTS BASICS - part 1 of 2. Stephen W. Dale, Dale Law Firm, Walnut Creek, CA This session discusses estate planning for families to help support their family members with disabilities, specifically covering the basics of Special Needs Trusts, selection of Trustees, and how to coordinate gifts from family members. Also included will be a discussion of Pooled Special Needs Trusts. This agency is dedicated to advocacy of the needs of persons with disabilities, prevention of abuse, and assisting them to achieve as much independence as possible. This is the first of two sessions on Special Needs Trusts (see Friday session #411 for part 2). Attendees learn how to advocate for their disabled beneficiary and integrate care managers into an Estate Plan.



201 DISCOVERY: A NEW TOUCHSTONE TO GUIDE EMPLOYMENT. Michael Callahan, Marc Gold & Associates, Gautier, MS Discovery is the foundation of the process for customizing employment for persons with disabilities. The common-sense, yet powerful, tool asks employment support personnel to first get to know the job seeker in-depth through a series of qualitative interactions. This session provides an overview of the role of discovery as an alternative to traditional, comparative assessment strategies and as a tool to inform the customized planning process. Examples, techniques, and options will be offered to assure successful discovery interaction.



202 THE BUDGET CRUNCH AND YOUR IPP. Marinda Reed, Protection and Advocacy, Inc., Sacramento, CA In tight budget times, it can be especially hard to get what you need and want in your IPP. Session participants learn about their rights in the IPP process; effective advocacy skills in developing their IPP in tight budget times; and how to get help if they experience barriers in getting services they need & want in their IPP. This presentation includes multimedia visual aids & role plays with audience interaction. User-friendly handouts are distributed to share with others.



203 TAKING CARE OF THE CAREGIVER IN YOU. Raymond Hampson, WarmLine Family Resource Center, Sacramento, CA Parents/caregivers often overlook the importance in taking care of their physical and emotional health themselves while taking care of a child/client. This session offers strategies for supporting parents/caregivers to take care of themselves so they can take care of their child/client. Discussions will include: Social/Emotional Health; Medical Health; Nutrition; and Exercise.



204 THE LIFE OF A BROKER. Marilyn Brolsma, Broker for Kern Regional Ctr. Self-Determination Pilot, Bishop, CA The panel provides detailed information about the duties and responsibilities of a broker. They discuss the positives and negatives of being a broker for the Self-Determination pilot and the challenges of changing to the new California Self-Directed Waiver. Kern Regional Center has operated a Self-Determination pilot for the past seven years utilizing broker services for all participants and are now in process of transitioning Self-Determination brokerage services to the upcoming Self-Directed brokerage services. The panel will include participants, family members and their brokers.



205 UNDERSTANDING THE GOVERNMENTAL SYSTEMS THAT MAY AFFECT YOUR HOUSING - part 2 of 3. Lisa Jackson, Housing Choices Coalition, San Jose, CA This second session of a 3-part Housing strand addresses the community resources needed to live independently and how they interrelate. A panel of speakers discusses issues related to Social Security, Housing Authority, Fair Housing, IHSS, and Regional Centers. The panelists help us navigate these systems and answer questions such as: Does my roommate's income count as rent? What if I have a voucher and can't find an apartment? Can a parent be an IHSS worker? Audience questions are addressed in an interactive environment.



206 A DAY PROGRAM, OUR JOURNEY TOWARD CHANGE. Terry Kozloff, COVE - A Day Program of California, Paradise, CA This day program in Butte County began its journey in 1990. It was innovative, serving the community in curbside recycling. The recycling grew 100-fold, overwhelming consumers & staff. The intent of the agency - community & social integration - was lost. Was change possible when the uninspired culture of staff & consumers was deeply engrained? The first trip in our journey was to rediscover how to dream. How far have we come in achieving our new-found dream? "Service hours meet individual needs; our support a seamless element of the whole life experience; individual dreams evolve; and options are never limited by a program." Learn about identifying leadership & inspiring organizational change.



207 EXHIBIT ROOM [9:00 a.m. - 5:00 p.m.] Don't miss our Commercial Exhibitor Room. Exhibits will be available from 9 to 5 this year - including Lunchtime. Note: most will exhibit Daytime Only & not at evening Information Faire. Try out for yourself the latest Technology products & services covering Assistive Technology; Computer Access; Communication Devices; Universal Design & Accessibility Remodeling; Educational Materials; Disability-related Videos; In-Home Care Services; Supported Vacation options. Enjoy Lemonade as you view Raffle Prizes & purchase \$1 \$ \$5 Raffle tickets. Professionals/families/self-advocates all eligible for a free chance to win valuable Exhibit-Only Prizes - see Stamp Quest card in conference packet to enter. Plus NEW this year: Special Patio Presentation by our Sponsoring Exhibitors.



208 SPECIAL EDUCATION PARENT TRAINING SEMINAR - PART 1 OF 2. Michael Rosenberg, Area Board 3, Sacramento, CA This two-part session provides an overview of the various special education regulations governing school districts and the rights that families have in acquiring optimal services for their children with special needs. The sessions will provide families with the tools necessary to become strong and effective advocates for their children. Families get an overall understanding of the responsibilities of school districts to provide quality special education services and some effective advocacy and negotiating strategies to work collaboratively with school personnel for proper educational services.



209 WORK FIRST! Dale Dutton, D3 Associates, Larkspur, CA This update on new employment-support opportunities in California includes the proposed Work First Policy (Assembly Bill 2424); Regional Center support (Golden Gate Regional Center's Employment Task Force and Individual Service Designs); the State Council's Grant Projects (Cycle 29, 30 & 31); Yahoo forum; & other ongoing innovative practices. Presenters offer the latest information on emerging & leading practices in employment support in California. They update attendees with information on AB2424 (Work First Policy) & how to support legislative passage. Panelists share local connections across the state for follow-up back home.



210 OPENING THE DOORS ON AN ASSISTIVE TECHNOLOGY CENTER. Kristen Carroll, Supported Life Institute, Sacramento, CA The Supported Life Institute made a commitment in 2001 to focus attention on the area of Augmentative & Alternative Communication (AAC) strategies. After successfully hosting three statewide AAC Workshops, the Institute was convinced of the need to develop an Assistive Technology (AT) Center in the Sacramento area to focus specifically on AAC services. In recent years, the Institute has been successful in receiving grant funding to complete a thorough needs assessment & business plan for the AT Center. Come and hear the latest news on the Supported Life Institute's continuing efforts to open the doors on this much needed AT Center to serve the greater Sacramento area.



301 PLANNING FOR SUCCESS: A PROCESS FOR GUIDING JOB DEVELOPERS TO CUSTOMIZED JOBS. Michael Callahan, Marc Gold & Associates, Gautier, MS Employment is often the last thought in many person-centered plans. When plans do include employment as an outcome, contact with potential employers is too often left up to the job developer. This session provides a process to customize employment outcomes in a way solely focused on work & bringing the identification of potential employers into the planning process, increasing likelihood that the job development efforts will provide a customized job reflecting the “strengths, needs & interests” of job seekers with disabilities.



302 THINKING AHEAD - MY WAY, MY LIFE AT THE END. David Lopez, Alta Calif. Regional Center, Sacramento, CA Hear about the “Thinking Ahead Workbook” & watch the new DVD developed with Alta California, Eastern Los Angeles & Golden Gate Regional Centers, funded through a DDS Wellness Grant. The Thinking Ahead project was developed from focus groups with self-advocates wanting to ensure their wishes regarding life at the end is respected. The field tested pictorial & plain language workbook & DVD is available in 3 languages. It helps people make personal choices, practical options & includes a “Think-Plan-Do” plan. The Guide addresses a concern self-advocates have about staying in control of their life up, to, and through the very end.



303 DISCOVERING THE NEW WORLD. Jayne Chase, Parent Advocate, Florence, Alabama Tired of living in the “old” world? As the anniversary date approaches of Christopher Columbus’ arrival to the “New World” in 1492, this speaker discusses a world of ideas that make sure all people are part of the same world. This interactive hands-on session explores “where we have been and where we want to be.” Come on down to this session, full of fun and free “How to Speak Southern” lessons.



304 STARTING YOUR OWN BUSINESS- IS IT FOR YOU? Nicholas Feldman, Self-Advocate, Self-Vendor, Berkeley, CA This presenter talks about running his own business and also being a self vendor in supported living as a client of the regional center. “I would like to empower people with disabilities to make a decision about life and the goals they wish to achieve and if there is anyone interested in self-vendorization I started my own business called Dare to Dream attendant services. I have been a self-vendor since 1999.” The presenter hopes to give everyone a chance to understand what their capabilities are and to have an understanding of supported living self-vendorization as an option.



305 PLANNING FOR THE FUTURE: HOW TO ENSURE FUTURE HOUSING FOR YOUR FAMILY MEMBER- part 3 of 3. Lisa Jackson, Housing Choices Coalition, San Jose, CA Do you want to ensure that your son/daughter/family member has secure housing now and into the future? In a 3rd session of a 3-part Housing strand, this panel describes the options for estate planning for your son or daughter. Estate planning tools and programs discussed include Charitable Remainder Trusts & the Legacy Homes program. The panelists discuss your options in working with your local housing organization & attorney in planning to provide safe, affordable, & secure housing for your son/daughter/family member.



306 GOALS, OBJECTIVES, TEACHING STRATEGIES: THOSE WHO CAN, TEACH! Jami R. Davis, Staff Development Consultant, Novato, CA Service for people with developmental disabilities has changed from “doing for” to “doing with.” However, in our move to support people rather than subject them to custodial care, we must not lose sight of our role as “teacher.” Writing effective goals & objectives, with realistic teaching strategies, can perplex the most experienced professional in our work. Acquiring this skill can serve anyone in many aspects of life. This staff development specialist offers a fun, hands-on learning opportunity for attendees to develop their skills in writing a goal & objectives & develop their ability to teach someone something.



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309 DANNY'S FARM - HOW A CHILD'S LOVE OF ANIMALS CREATED A MICROENTERPRISE. Jim Gott, Danny's Farm, Altadena, CA This former Major League Baseball player & his family last year opened “Danny's Farm,” a petting farm/birthday party venue, employing adults with dev. disabilities honoring their son with Autism. Danny's Farm provides a safe, nurturing, inclusive environment for children & families with or without disabilities. Wheelchair-accessible, fluent in sign language, staffed to serve a variety of developmental challenges, they received a Regional Center start-up grant for this microenterprise. These parents offer a concise, step-by-step, how-to model for starting a microenterprise/small business, hoping to inspire other parents to identify their child's passion & create employment opportunities for their future,



310 LIVING & WORKING IN THE COMMUNITY - RECENT LEGAL DEVELOPMENTS & MORE. Ellen Goldblatt, Protection & Advocacy, Inc., Oakland, CA Hear the latest statewide news!! Legal and policy developments affecting access to community living & employment are recounted, including *Capitol People First v. DDS* – the lawsuit seeking comprehensive assessments and the services people need to avoid or return from institutions - and Olmstead legislation and planning in California. New legislation & budget issues affecting employment & integration are addressed, as is progress on closure of Agnews Developmental Center. An update is given on Self-Directed Services and Supported Living.



401 APPROACHING A REAL LIFE: A PARADIGM SHIFT FOR ADULT DAY SERVICES - PART 1 OF 2. Tom Pomeranz, **Universal LifeStyles L.L.C., Indianapolis, Indiana** In the first of a 2-session strand, this speaker continues, after this morning's keynote, to discuss transitioning traditional Adult Day Programs, focusing on the strategies to successfully achieve the transition. Given the imposition of the highly regulated environments in which we operate, limited staff, and other fiscal constraints, the presenter provides realistic and common-sense approaches to significantly improve quality of services. Additionally, the session discusses how the objectives of the Individual Support Plan can easily be integrated into the context of a work focused program.



402 FEELING SAFE, BEING SAFE, PERSONAL EMERGENCY PLANNING. Carol Risley, **Department of Developmental Services / Office of Human Rights & Advocacy Services, Sacramento, CA** The Department of Developmental Services (DDS) and its Consumer Advisory Committee (CAC) want to make sure people with developmental disabilities are prepared in the event of a community emergency or disaster and have done the planning that is necessary to ensure their own personal safety. The DDS CAC created new materials to help people look at the important issues related to maintaining their personal safety and to create a plan to ensure their safety during an emergency. Participants will learn how to work on their own emergency plans using the new DDS "Feeling Safe, Being Safe" worksheet, magnet, and DVD.



403 OUT OF THE SPOTLIGHT. Ann Cirimele, **Family Resource Network - Executive Director, Stockton, CA** Using materials from professionals - & from the real experts, siblings themselves - this presenter identifies issues & concerns expressed by non-disabled siblings of individuals with special needs. Stories of the tremendous love & support siblings have for one another are shared. Attendees will receive information on available resources for siblings and for their families.



404 HELL-BENT ON HELPING: FRIENDSHIP, BENEVOLENCE, AND THE POLITICS OF HELP. Norman Kunc, **Broadreach Training & Resources, British Columbia, Canada** Friendship circles & supported work options are ways to assist individuals with disabilities gain full membership in our classrooms & communities. This speaker says even *these* supports often perpetuate attitudes of charity, benevolence, paternalism - attitudes that may not presuppose equity or respect. He examines forms of benevolence - unsolicited acts of help; a telethon; in its most extreme, euthanasia - & challenges the helper's motive. He asks us to move beyond benevolence & learn to value disability itself, so "people with disabilities might move closer to...escaping the role of the 'perpetually needy' & achieve true equity, respect, & safety in our communities."



405 OVERCOMING BARRIERS TO WELLNESS AND GOOD MEDICAL CARE. Leonard L. Magnani, **Alta California Regional Center, Sacramento, CA** A regional center staff physician & medical director presents this session: "Transitioning from childhood to and thru adulthood has many challenges. There are many person-centered plans and maps, but the road through life can be bumpy and blocked by obstacles. Aging with a developmental disability sometimes makes it difficult to obtain good or 'best practices' medical care, and awareness of some common obstacles can lead to a more fulfilling journey. Dignity and justice for all demands that we join together to address the major impairments in our health care system."



406 WHAT DO WE WANT? AFFORDABLE HOUSING! Yvette Baptiste, **Family Resource Library, Alhambra, CA** Participants of this session learn about how self-advocates can become grassroots advocates for affordable housing in their community. The panel describes a Volunteer Housing Advocates project at Family Resource Library in Eastern Los Angeles; what kind of training is involved; & "how we made it fun." Funded by Tarjan Center & California Volunteers, the project recruits & trains self-advocates to monitor & promote needs for affordable housing in their community. The project developed a partnership with a housing corporation & with their Regional Center and have created a cross-disability council to bring attention to the need for affordable housing.



407 GRASSROOTS ADVOCACY & PARTNERS IN POLICYMAKING. Steven Weaver, **Partners in Policymaking / Calif. Graduate, Auburn, CA** Participants learn about grassroots advocacy & training available to build skills & confidence. Three recent Partners in Policymaking graduates speak on the experience of being trained for 8 months (one weekend a month) to learn how to advocate at the legislative level. The perspective of both parents & self-advocates are highlighted, as the training is split 50/50 between the two groups. Learn from members of the California Coalition & Partners in Policymaking about the opportunities people have to affect change for themselves and their community. And connect with others doing the same!



408 ADOLESCENCE ON THE AUTISM SPECTRUM. Chantal Sicile-Kira, **Autism Making A Difference, Inc., San Diego, CA** Adolescence is a difficult time for all teenagers, & even more so for those on the autism spectrum. Puberty brings about many changes & particular areas of concern for both the teen & the parent. Practical strategies & examples on how to help adolescents of all different ability levels are given. Important areas discussed include puberty & hygiene, self-care, masturbation, relationships, & self-regulation. How to help the transition from adolescence to adulthood is also be discussed.



409 SUPPORTING THE WHOLE PERSON. Joan Schmidt, **Creative Living Options, West Sacramento, CA** This session focuses on the importance of understanding True Communication in order to support the efforts of people living individualized lives in the community. The importance of exploring the differences in learning & communication styles are discussed, as are examples of people living very successful lives in the community because their support team knows how to "listen" to them. The panel emphasizes the importance of learning about every aspect of the way everyone communicates.



410 OUR DIVERSE JOURNEYS FROM INSTITUTIONS TO SUPPORTED LIFE. Laura Broderick, **Diverse Journeys, Inc., Los Angeles, CA** Laura shares her organization's experience of moving people from institutional settings into homes of their own over the past four years. Co-presenter Justin shares his personal experience of learning and success in a supported living arrangement. He used to live in Porterville Developmental Center and has overcome quite a challenging history and would like to share his story in the hopes of inspiring others to overcome their personal struggles.



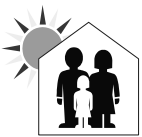
411 HOW A SPECIAL NEEDS TRUST CAN BE USED AS AN ADVOCACY TOOL - part 2 of 2. Stephen W. Dale, **Dale Law Firm, Walnut Creek, CA** Most families see Special Needs Trusts as a limit to protecting public benefits. However a properly drafted Special Needs Trust can be used as an advocacy tool to prevent abuse & neglect. This session illustrates a Special Needs Trust as an advocacy tool using case studies & a care manager as co-presenter. (A follow-up to Thurs. session #110.)



501 APPROACHING A REAL LIFE: A PARADIGM SHIFT FOR ADULT DAY SERVICES - PART 2 OF 2. Tom Pomeranz, Universal LifeStyles L.L.C., Indianapolis, Indiana This second session of a 2-part strand continues to focus on the transitioning process. This speaker addresses a variety of management strategies which enable staff to feel empowered and comfortable during the period of significant change. Specific programmatic content and instructions strategies are delineated. Suggestions for environmental engineering and staff deployment are also reviewed.



502 THE ABUSE PREVENTION PROJECT. Roger Pulliam, Regional Self-Advocacy Project, Redding, CA The Abuse Prevention Team teaches people with disabilities three ways to protect themselves: 1- Trust their feelings. 2- Know that their body belongs to them. 3- Be Proud of who they are. They share personal stories of their own abuse and what they did to stop it. Handouts help people remember their rights and a pin tells everyone that they are "Abuse Free". There is also an emergency contact sheet for people to fill in their own local information. Above all, they want all people with disabilities to understand that if they are being abused, it is not their fault.



503 BECOME A BETTER FATHER-7 SECRETS OF EFFECTIVE DADS. Scott Hammond, McKinleyville, CA This session offers effective parenting tools, tips & techniques. Learn the 7 Secrets of Effective Parenting & how to implement them at home. The presenter addresses proactive life planning in parenting. He hopes to impart a vision for better, more effective, intentional parenting. He details tools for setting your goals & your "mission statement" as a parent of a child with special needs. This workshop promises to be a catalyst for change, inspiring dads to long-term action as he shares "sticky" and memorable concepts that people will remember - useful & transferable methods that really work.



504 PROFESSIONAL RELATIONSHIPS IN PERSONALIZED SETTINGS. Mitch Foster / Cindy Richards, Choices Transitional Services / Placerville People First, Placerville, CA Healthy relationships are essential to good outcomes when providing or receiving services. Honoring people's rights (& their responsibilities) promotes respect. This session examines the negative outcomes of excessive kindness, "management" of the person served, & taking advantage of relationships (by the consumer, staff, or both). By exploring the outcomes for consumers (denial of choice, dependency on staff, & hopelessness) & for staff (over-involvement, ownership, & burnout), staff & consumers alike will learn the importance of developing healthier relationships. More importantly, strategies for consumers & staff to enhance working relationships will be explored.



505 USING THE MEDIA TO BUILD COMMUNITY. Barry Benda, Golden Gate Regional Center, San Francisco, CA Movies are a great way to share positive information and change attitudes and actions. With today's digital technology, creating such media for positive societal change is much easier and affordable. Come preview a portion of a film developed for the shift in services from Agnews Developmental Center, to educate the general public on the value of community. The film's lead production team of Mark Felgen, Cognimedia, and Sherry Beamer, Sherry Beamer & Associates, will highlight a complementary social action informational website to be used by all to support the inclusion of people with disabilities.



506 THE POWER OF THE DISABILITY VOTE. Marinda Reed, Protection and Advocacy, Inc., Sacramento, CA Come to this session to learn about the power of the disability vote & its influences on your government. Participants will learn about voting rights of people with disabilities & civic involvement. This session includes a fun & energetic voting rights game and discussions on what to do when people with disabilities experience barriers during the voting process. This presentation includes multimedia visual aids & audience participation. User friendly handouts are distributed to share with others.



507 A BEGINNER'S GUIDE TO SELF-EMPLOYMENT. Chantal Sicile-Kira, Autism Making A Difference, San Diego, CA This practical session discusses specific ideas on how to decide if self employment is a good option for you; how to get ideas about making an income based on your interests or your ability to provide a needed service. Also discussed are the role of the business support team, the importance of marketing, & the basics of a business plan. In this interactive session, attendees are encouraged to start filling out the workbook 'A Beginner's Guide to Self-Employment', which will be given out.



508 SUPPORTED LIVING OPTIONS: FAMILY-INVOLVEMENT & PARENT DIRECTED SERVICES. Trudy Marsh Holmes, Journey of Choice, Inc. - A Supported Living Agency / PHP, San Jose, CA Do you wish to remain involved — having your input valued by the agency serving your adult child? Have you ever wondered about managing your child's supported living services? How do you remain objective, allowing your adult child's independence without having to completely "let go" to people with whom you have no history? This session explores what parents might expect, & ways to determine & actualize the journey of their choice. This practical & interactive session leaves you with a better understanding of supported living structures, their funding, your role, & how to improve your adult son or daughter's outcomes.



509 UNDERSTANDING THE IEP PROCESS: A LEGAL PERSPECTIVE. Van Vu, Best Best & Krieger LLP, Sacramento, CA This session covers procedural & substantive requirements school districts must follow in developing an individualized education program ("IEP") for students with disabilities in the public school system. It will also include a discussion of what factors school districts consider when determining whether to approve or deny requests for services or placement, plus ways to resolve stalemates or disagreements over the appropriate educational placement & services contained in an IEP.



510 POSITIVE BEHAVIOR SUPPORTS IN THE NEW MILLENNIUM. Laura Broderick, Diverse Journeys, Inc., Los Angeles, CA The presenter provides practical tools & philosophical frameworks to help people learn how to support folks who have the label of challenging behavior. Anecdotal stories & hands-on experience are used to illustrate problem-solving & solutions. In this highly-interactive session with participants, all participants are welcome - even people who have the label of challenging behavior are encouraged to participate. The presenter, along with one of the people she currently supports, incorporates the philosophy/values of inclusion & how it impacts the field of positive behavior supports in this millennium.



511 PUTTING THE PIECES TOGETHER. Daniel Fortuño, Benefits Education Center, San Francisco, CA The 3 Short Questions & Honestly Long Answers on Returning to Work. How much money can I make & still receive my benefits? How will working or going to college affect my Medicare/Medi-Cal benefits? If I am able to work full time, do my benefits end? These are addressed in this workshop to address how work does or does not affect benefits. This presentation promises to show that there are a multitude of ways & resources available to make new or renewed school or work dreams a reality.



REGISTRATION FEES		EARLY-BIRD REGISTRATION		REGULAR REGISTRATION		LATE REGISTRATION	
<u>Conference registration includes:</u> - all conference sessions - morning refreshments Thurs. & Fri. - Lunch Thursday & Friday - hosted Thurs. evening reception <u>Inclusion Cel. registration includes:</u> - dessert buffet Weds evening		Payment Postmarked by June 30th, 2008		Payment Postmarked by Aug. 31st, 2008		On-Site or Postmarked Sep. 1st, 2008 or after	
Conference Regular Fee professionals	both days	Conference plus Inclusion Cel (reflects \$15 off)	Conference Only	Conference plus Inclusion Cel (reflects \$15 off)	Conference Only	Conference plus Inclusion Cel (reflects \$15 off)	Conference Only
	1 day only						
Conference Reduced Fee People w/ Dev. Disabilities Personal Care Attendant Family members Full-time students	both days						
	1 day only						
Inclusion Celebration Only: (also sign up for Conference and Save \$15)		\$35		\$40		\$40	

Hotel Registration is Separate. See page 3 for how to stay at the Conference Hotel and "Be in the Center of Things"!

People With Disabilities and Family Member Discount

Thanks to the generous support of Supported Life 2008 Co-Sponsors (see back page for preliminary listing), we are pleased to offer a reduced registration fee for people with developmental disabilities and family members who wish to attend the conference, but are unable to pay the regular registration fee.

To maximize our co-sponsors' generosity, we ask that people with disabilities and their family members *only make use of the Reduced Fee if it is financially necessary*. For the same reason, we ask consumers or family members working in the disabilities field to ask your agency to pay the Regular registration fee whenever possible.

Professional Group Discount - Buy 5, Get 1 Free

Agencies: We hope your staff will take advantage of the training opportunity this 22nd Annual Conference represents. Send five of your staff members to the conference and **we'll pay for the 6th!**

*To qualify: all 5 registrations must be received at the **same time** and must all be the **same dollar value** at the **professional rate**. On your 6th Form, for #8: "Registration fees enclosed," please write "**6th!**"*

Full-Time Student Discount

Students: Please join us at a Discount Rate for Full-Time Students (proof of current F-T student status must be sent with registration & payment).

We hope that Professors and Teachers will encourage their Students to take advantage of this unique, inclusive educational environment.

Regional Center Vendor Codes

If a Regional Center is providing funding to participate in the conference, please note the following vendor codes for

"Supported Life Institute"
(conference registration fees – P63905)

"DoubleTree Hotel"
(lodging fees – P63907).

Refund Policy and Contact Information

- Cancellations must be in writing and received by September 10, 2008.
- All cancellations will be subject to a 50% administrative fee.
- Cancellations after September 10, 2008 cannot be refunded (including "no-shows").
- Substitutions are welcome with advance notice.

For further information, contact the Supported Life Institute office:

916-567-1974 sli@supportedlife.org www.supportedlife.org

===== > REGISTRATION / PAYMENT FORM < =====
SUPPORTED LIFE 2008 - OCTOBER 8 - 10, 2008

Complete this form and mail with payment to Supported Life Institute - or register online.

Please copy and submit a **separate** registration form for **each applicant**.



[PLEASE TYPE OR PRINT CLEARLY]



1. Name: _____
2. Affiliation / Agency: _____
3. Address: _____
4. City: _____ State _____ Zip Code _____
5. Daytime Telephone: (____) _____ Email: _____@_____
6. Are you a: ☐ Professional ☐ Person with a disability ☐ Family Member
☐ Full-Time Student (copy of current reg. card enclosed) ☐ Personal Care Attendant (supporting conference attendee)
7. I will be attending (please check **all that apply**):
☐ **Wednesday Evening** Inclusion Celebration ☐ **Thursday** Conference Day ☐ **Friday** Conference Day
8. Registration fees enclosed: \$ _____
9. Accommodations requested: ☐ Medically-recommended diet ☐ Vegetarian lunch preferred
☐ Sign language interpreting services ☐ Conference materials in alternative format (Braille, large print)
Please Specify Request (note: all requests for accommodations must be received in the Supported Life Institute office by September 18, 2008): _____
10. Circle **1st** choice for each concurrent session time: *(please circle only ONE choice for each session time period):*
This helps us assign session rooms. But note that you are **not** restricted to this session on actual conference days.
ALSO: check below if you plan to attend Thursday 8:00 - 8:30 a.m. Orientation or Thursday 7:30 - 9:00 p.m. Panel Discussion.

Thurs 10/9	Thurs 10/9	Thurs 10/9	Fri 10/10	Fri 10/10
<input type="checkbox"/> Thurs morning Orientation 8:00 a.m.				
10:15-11:30	2:00-3:15	3:30-4:45	9:45-11:00	11:15-12:30
101	201	301	401	501
102	202	302	402	502
103	203	303	403	503
104	204	304	404	504
105	205	305	405	505
106	206	306	406	506
107	207	307	407	507
108	208	308	408	508
109	209	309	409	509
110	210	310	410	510
<input type="checkbox"/> Thurs evening Panel Discussion 7:30 p.m.			411	511

Want to Use Your Credit Card?

Register Online:
www.supportedlife.org

Attendees (other than presenters) may register online using the PayPal system on our Conference Website.

11. Mail this form, along with check or money order (sorry, credit cards only accepted online) payable to:

“SUPPORTED LIFE INSTITUTE”
2035 HURLEY WAY, SUITE 250
SACRAMENTO, CA 95825
(916) 567-1974

Hotel Reg. Info?
Please see pg. 3



PLEASE JOIN US IN THANKING THESE ORGANIZATIONS FOR HELPING MAKE OUR 2008 CONFERENCE POSSIBLE

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EXHIBIT ROOM 1-DAY ONLY: THURSDAY, OCT. 9 EXPANDED DAYTIME HOURS 9 A.M - 5 P.M.

SEE WHAT'S CURRENT, ASK QUESTIONS, TRY THINGS OUT:

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Computer Access Tools; Educational Materials & Videos; In-Home Care Services;

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PROFESIONALS/FAMILIES/SELF-ADVOCATES:

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(GAME CARD WILL BE IN CONFERENCE PACKET)**

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EASE- Eagle Accessibility Solutions & Equipment

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PACE Solano

People First of California

Progressive Employment Concepts

Sacramento City Unified School District

Sacramento County Office of Education

Southside Art Center

Supported Life Institute

The Arc of California

Thanks once again for your hard work on the conference year round!